



Required and Recommended Texts and Supplies

Subject to change

REQUIRED TEXTS

Mosby's Fundamentals, 3rd edition; Fritz, Sandy Mosby's Inc ISBN 03 2302 026 7 Copyright 2004	Theory I 1 st semester	CVS 421
Wellness Workbook 3rd edition, Travis and Ryan, Celestial, (2004) ISBN 1-58761-213-5 Copyright 2004	Theory I 1 st semester	CVS 421
Trail Guide to the Body, 3rd edition; Biel, Andrew Books of Discovery ISBN 0-9658534-5-4 Copyright 2005	A & P I & II 1 st & 2 nd semesters	CVS 422 & CVS 435
Trail Guide to the Body, Student Handbook ISBN# 0-9658534-6-2 Copyright 2005	A & P I & II 1 st and 2 nd semesters	CVS 422 & CVS 435
Hole's Human A&P, 11th edition; Shier, Butler, Lewis McGraw-Hill ISBN 0073316091 Copyright 2007	A & P I & II 1 st and 2 nd semesters	CVS 422 & CVS 435
Lab Manual for Hole's Essentials, 9th edition; Martin, Terry McGraw Hill ISBN 0072852879 Copyright 2006	A & P I & II 1 st and 2 nd semesters	CVS 422 & CVS 435
Basic Clinical Massage Therapy; 2nd edition, Clay and Pounds LWW ISBN 078176307x Copyright 2003	Bodywork Technique I 1 st semester	CVS 423
Pathology for Massage Therapists, 1st edition; Salvo Mosby's Inc ISBN 03 2302 652 4 Copyright 2004	Theory II 2 nd semester	CVS 424
Business Mastery 4, 4th edition Sohnen-Moe Assc, Inc ISBN: 0 962 12657 8 Copyright 2008	Business Practices 3 rd semester	CVS 437
The Web That has No Weaver; Kaptchuk, Ted Redwing Books ISBN: 0-8092-2840-8 Copyright 2000	Technique III 3 rd semester	CVS 436
Acupressure's Potent Points; Gach, Michael Reed Bantam Books ISBN 0 553 34970 8 Copyright 1990	Technique III 3 rd semester	CVS 436

Most employers either recommend or require CPR training for massage therapists. A CPR for Healthcare Professionals class is scheduled through the Community Education non credit division. This is considered an optional learning course and adds to your final hours of the program. Check the non credit schedule or the massage therapy office for details.

The Healing Touch text is ordered from the HT National Organization and its cost is covered in your tuition and fees.

RECOMMENDED for every massage therapist to have and read:

Mosby's Essential Sciences for Therapeutic Massage

Fritz, Sandy

Mosby / Elsevier Publishing ISBN: 0-323-02027-5 Copyright 2004

Educated Heart, 2nd edition,

Professional Boundaries for Massage Therapists, Bodyworkers and Movement Teachers

McIntosh, Nina

Lippincott Williams & Wilkins ISBN 0781748860 Copyright 2005

Save Your Hands

Greene, Lauriann

Gilded Age Press 1-877-261-1500 ISBN 0967954908 Copyright 1995

The Aromatherapy Books; Applications and Inhalations

Rose, Jeanne

North Atlantic Books (December 1, 1992) ISBN 1556430736 Copyright 1992

375 Essential Oils and Hydrosols

Jeanne Rose

Frog, Ltd. ASIN 1883319897 Copyright 1999

REQUIRED SUPPLIES

- ✓ Massage Table
- ✓ Massage Chair (optional)
- ✓ A set of colored pencils is required for Anatomy and Physiology I and II.
- ✓ Pens, pencils, notebooks.
- ✓ Oil is provided for in-class bodywork the first semester only. Students must provide their own lubricant for work outside of class and for in-class work second and third semesters.
- ✓ Disinfecting wipes or cleaning solution for cleaning the equipment.
- ✓ Clock – Clinic I, II and III.
- ✓ Email address, if no computer at home, administration can assist students in using the computer lab on campus.
- ✓ Students should have at least four sets of sheets when the program begins. Twin sheets or massage table sheets. At least one set of clean sheets must be brought to every class.
- ✓ Lockers are available in the classroom; please provide your own lock.
- ✓ A program logo is available for iron-on transfer to a scrub shirt or polo shirt. One logo is provided to you; this shirt is to be worn any time you are representing the program in a public setting and at all clinics. Additional iron-on logos may be purchased for \$3
- ✓ Clinical scrubs or a polo shirt and khakis must be worn on Saturdays or any other class where bodywork is being done
- ✓ You may want to purchase a bathrobe to put on after undressing when you are the client in bodywork class. A robe is easier to maneuver than wrapping yourself in a sheet and climbing on the table.
- ✓ Insurance information will be handed out and completed the first week of class. Your insurance cost is included in your application and registration fees.

1-08-08

1-03-07

7-19-06